

# Informed Sailors make better Sailors!

**Editorial by MC1 Robert Lamb, NAVSTA Public Affairs**

The Uniform Matters Office recommends all Sailors familiarize themselves with NAVADMIN 351/06 and be on the lookout for future NAVADMINs that will address the arrival of the new uniforms and associated policies.

All Sailors should take time to read and discuss these NAVADMINs with their leadership. Some questions and answers below should provide some light on the new uniform policies.

What new uniforms has the CNO approved?

Reference: NAVADMIN 351/06. The CNO has approved two uniforms: A single Navy working uniform for wear by all Sailors, E-1 to O-10 — at sea, ashore and across all communities. This BDU-style uniform will feature three color variants: a predominantly blue digital pattern (for the majority of our Navy for shipboard and ashore use) and woodland and desert digital patterns for Sailors serving in geographic locations requiring these uniforms.

The uniform includes an eight-point, soft cover and black, smooth leather boots. Black suede, no-shine boots will be authorized for optional wear for Sailors assigned to non-shipboard duty commands. Boots for the new woodland and desert uniforms will be announced when uniform designs are approved.

The service uniform will be comprised of a short-sleeved, khaki shirt and blouse, black trousers and optional skirt.

Miniature silver anodized metal rank insignia for petty officers will be worn on both collars. This uniform will include a black Eisenhower-style jacket with a knit stand-up collar and epaulets, on which petty officers will wear large silver anodized metal rank insignia. Those entitled to wear gold chevrons will continue to wear gold chevrons as the jacket's large metal rank insignia.

When can I start wearing the new uniforms?

Reference: NAVADMIN 351/06.

The new uniforms will be delivered incrementally to the fleet in 2008 over a 24-month period, starting with large fleet concentration areas first.

The Sailors assigned in those areas will have the opportunity to purchase the new uniforms via the Navy

Exchange Uniform Centers.

When and how will enlisted Sailors receive funds for the new uniforms? Reference: NAVADMIN 351/06 Answer: Enlisted Sailors will receive an increase to their annual Clothing Replacement Allowance during 2008 and 2009 that will allow them to purchase the new uniform requirement prior to the mandatory wear date without additional out of pocket expense.

Drilling Reserve Component Sailors (E-1 through E-9), will receive new uniforms through their Navy Operational Support Commands.

Visit the Uniform Matters and Task Force Uniform website at: <http://www.npc.navy.mil/CommandSupport/USNavyUniforms/>

## How much is too much?

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Celebrating an achievement, toasting a special occasion, relaxing after a bad day, bonding with friends, trying to escape reality. There are plenty of reasons why people drink. For most adults, moderate alcohol use causes few, if any, problems. But for some, any alcohol use may lead to significant health problems or affect the ability to perform optimally at work.

Alcohol abuse is one of three key health issues identified by the Department of Defense (DoD), along with weight management and tobacco cessation. Through

education, awareness and understanding, individuals can make informed decisions about their drinking behaviors.

According to U.S. Department of Transportation, National Highway Traffic Safety Administration (NHTSA) projections, 17,941 people died in alcohol-related crashes in 2006, the highest level since 1992 and up 2.4 percent from 17,525 in 2005. Alcohol was involved in 41 percent of all crash fatalities in 2006.

Don't drink and drive!

Phone a Morale, Welfare and Recreation Taxi at 75586.

## Worship Services

### Catholic

Catholic Mass Mon. thru Fri. 6 p.m. (Main Chapel)  
Confession, Mon. thru Fri. 5:15 p.m. (Main Chapel) Sat. 4:15 p.m., Sun. 8:15 a.m.  
Vigil Mass, 5 p.m. (Main Chapel)  
Sunday Mass, 9 a.m. (Main Chapel)  
Eucharistic Adoration, daily 24 hrs.

### Protestant

Sunday School, 9:30 a.m.  
Sunday Services, Main Chapel, 11 a.m.  
Children's Sunday School, 11:30 a.m.  
Gospel Worship Service, 1 p.m.  
Monday  
Prayer Group, 6 p.m. (Fellowship Hall)  
Wednesday  
Men's Fellowship, 6:30 p.m. (Fellowship Hall)  
Gospel Bible Study, 7:30 p.m. (Sanctuary A)  
Thursday  
PWOC - 6:30 p.m. (Fellowship Hall)  
Sunday, Protestant Liturgical Service, 10 a.m. (Sanctuary B)

### Church of Jesus Christ of Latter Day Saints

(Sanctuary A)  
Monday, Family Home Evening, 7 p.m. (rm. 8)  
Sunday Sacrament, 9 a.m.

### Filipino Christian Fellowship

(Sanctuary A)  
Sunday Worship, 7 p.m.

### Iglesia Ni Cristo

(Sanctuary B)  
Bible Study, Thursday, 7 p.m.

Sunday Worship, 5:30 a.m.

### Pentecostal Gospel Temple

(Sanctuary D)  
Sunday Worship, 8 a.m. & 5 p.m.

### Seventh Day Adventist

(Sanctuary B)  
Prayer Meeting, Tuesday, 7 p.m.  
Vesper Meeting, Friday, 7 p.m.  
Sabbath School, Saturday, 9:30 a.m.  
Divine Service, Saturday, 11 a.m.  
Bible Study, Saturday, 4:30 p.m.

### Islamic Service

(Sanctuary C)  
Friday Worship, 1:15 p.m.

### United Jamaican Fellowship

(Bldg. 1036, next to Phoenix Cable)  
Sunday Service, 11 a.m. & 6:30 p.m.

### Shabbat Service

Second Friday of the month, Rm. 11, 7:30 p.m.

## Poetry & Art Nites

Looking for poets, singers and artists to perform in the upcoming event to be held every Thursday at Bayview, starting July 5.

Auditions will be held, 6:30 p.m.

July 1 & 3 at the Youth Center gym. FMI call 77718 or 2005 or 75604.

